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| <b>PSYCHIATRIC TECHNICIAN SKILLS CHECKLIST</b> |
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NAME \_\_\_\_\_ DATE \_\_\_\_\_

- A = Well Skilled (at least two years of experience out of the last five) independent
- B = Moderately Skilled (at least 6 months to one year within the last two years) minimal review needed
- C = Limited Skills (less than 6 months out of the last two years)
- D = No Experience

**GENERAL NURSING SKILLS**

|   | A | B | C | D |
|---|---|---|---|---|
| Admission of Psychiatric Patient              |   |   |   |   |
| Physical Assessment                           |   |   |   |   |
| Neurological Assessment                       |   |   |   |   |
| Mental Status Exam                            |   |   |   |   |
| Initial Care Plan:                            |   |   |   |   |
| Nursing Diagnosis                             |   |   |   |   |
| Short term goals                              |   |   |   |   |
| Long term goals                               |   |   |   |   |
| Nursing Reassessment and Care Planning Update |   |   |   |   |
| Behavioristic Charting                        |   |   |   |   |
| Experience as a Group Leader                  |   |   |   |   |
| Experience as a Group Co-Leader               |   |   |   |   |
| Group Psychotherapy                           |   |   |   |   |
| Individual Psychotherapies                    |   |   |   |   |
| Various Treatment Modalities                  |   |   |   |   |
| Lead a Talk Group                             |   |   |   |   |
| Lead an Activity Group                        |   |   |   |   |
| Milieu Therapy                                |   |   |   |   |
| Multiple-Disciplinary Staffing                |   |   |   |   |
| Charge Nurse                                  |   |   |   |   |
| Patient Teaching                              |   |   |   |   |
| Therapeutic Communications Skills:            |   |   |   |   |
| Client  |   |   |   |   |
| Family/Significant Others                     |   |   |   |   |
| Dysfunctional Families                        |   |   |   |   |
| Crisis Intervention Concepts                  |   |   |   |   |
| Assisting with Lumbar Puncture                |   |   |   |   |
| Knowledge of Psychotropic Meds:               |   |   |   |   |
| therapeutic levels, side effects              |   |   |   |   |
| withdrawal, maximum doses                     |   |   |   |   |
| Restraint Use & Procedures:                   |   |   |   |   |
| JCAHO Guidelines                              |   |   |   |   |
| 5150's  |   |   |   |   |
| Denial of Rights                              |   |   |   |   |

**CARE OF PATIENTS**

|  | A | B | C | D |
|--|---|---|---|---|
| Alcoholic Patient  |   |   |   |   |
| Detoxification   |   |   |   |   |
| Rehabilitation   |   |   |   |   |
| Assaultive Patient   |   |   |   |   |
| Confused/Disoriented Patient                               |   |   |   |   |
| Delusional Patient   |   |   |   |   |
| Hallucinatory Patient                                      |   |   |   |   |
| Suicidal Patient/Precautions                               |   |   |   |   |
| Drug Dependent Patient: recognition of withdrawal syndrome |   |   |   |   |
| Drug Seeking Behavior                                      |   |   |   |   |
| Bipolar, Manic/Depressive Patient                          |   |   |   |   |
| Manipulative Behavior                                      |   |   |   |   |
| Attention Seeking Behaviors                                |   |   |   |   |
| Grandiose Ideation   |   |   |   |   |
| Delusions of Grandeur                                      |   |   |   |   |
| Schizophrenia  |   |   |   |   |
| Neurosis   |   |   |   |   |
| Psychosis  |   |   |   |   |
| Affect Manifestations                                      |   |   |   |   |
| Thought Blocking   |   |   |   |   |
| Flight of Ideas  |   |   |   |   |
| Paranoia, Paranoid Behavior                                |   |   |   |   |
| Aggressive, acting out                                     |   |   |   |   |
| Panic/Anxiety Patients                                     |   |   |   |   |
| Patient in the Seclusion Room                              |   |   |   |   |
| Dementia   |   |   |   |   |
| Mentally Retarded Patient                                  |   |   |   |   |
| Dying Patient  |   |   |   |   |
| Grieving Patient   |   |   |   |   |
| <b>ELECTROCONVULSIVE TXS:</b>                              |   |   |   |   |
| Active Participant;  |   |   |   |   |
| During Treatments  |   |   |   |   |
| Immediate Post Treatment                                   |   |   |   |   |



*Psychiatric Technician Skills Checklist (Continued)*

**GENERAL NURSING SKILLS**

|                                | A | B | C | D |
|--------------------------------|---|---|---|---|
| Pediatric Psych Nursing        |   |   |   |   |
| Eating Disorders               |   |   |   |   |
| Seizure Disorders/Seizure Meds |   |   |   |   |
| Geriatric Psych Nursing        |   |   |   |   |

**ELECTROCONVULSIVE TXS:**

|                              | A | B | C | D |
|------------------------------|---|---|---|---|
| Knowledge of:                |   |   |   |   |
| Long Term Effects of E.C.T.  |   |   |   |   |
| Short Term Effects of E.C.T. |   |   |   |   |
|                              |   |   |   |   |

Signature \_\_\_\_\_ Date: \_\_\_\_\_