



**PSYCHIATRIC NURSING  
SKILLS CHECKLIST**

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

*Please check the appropriate letter of proficiency for the following types of clinical situations and equipment.*

**LEVEL OF PROFICIENCY**

- A** = Able to teach & supervise
- B** = 1 year constant experience
- C** = Intermittent experience
- D** = No experience

	A	B	C	D
<b>GENERAL</b>				
Admission of psychiatric patient				
Initial nursing intake interview, assessment & care plan				
Continual reassessment of patient & updating care plan				
Active participation in multi-disciplinary treatment				
Active participation in Milieu Therapy				
Conducts or co-conducts group therapy sessions				
Conducts individual counseling sessions				
Therapeutic communication skills				
Behavioristic charting				
<b>CARE OF THE PATIENT WITH</b>				
Suicidal tendencies				
Assaultive behavior				
Chemical dependency				
Manic Disorder-acute phase				
Seizure disorder				
Rapid Tranquilization				
ECT				
Severe anxiety				
Restriction to isolation or seclusion				
Hallucinations				
Schizophrenia				



*PSYCH Skills Checklist*

	A	B	C	D
Needs for limit setting				
Desire to fraternize with staff				
Eating disorders				
<b>CARE OF PATIENT WITH SECONDARY MEDICAL PROBLEMS</b>				
Diabetes				
Foley catheter/cath care				
IV therapy - starts and maintenance				
Tube feedings				
CHF				
Pulmonary edema				
Cardiac Complications				
O <sub>2</sub> therapy				
Cardiac and/or pulmonary arrest				
Oro-Naso-Pharynx suctioning				
Tracheostomy care				
Ostomy care				
<b>IV THERAPY</b>				
Veni-puncture				
Heparin locks				
Use of infusion pumps				
Administration & monitoring of blood & blood products				
Hyperalimentation - maintenance & precautions				
<b>RESTRAINTS</b>				
Ambulatory cuffs				
Waist restraints				
Full restraints				
Assessing needs of elderly psychiatric patient				
Managing the patient with assaultive behavior				



*PSYCH Skills Checklist*

	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Administering medications				
PO				
Sub-Q				
IM				
IM-Z-techniques				
Rectal				
IV				
Use of open and closed seclusion				
Working knowledge of effective behavior				
Modification techniques				
Participated as member of behavior control team				
Participated as leader of behavior control team				
Working knowledge of medical model for psych nursing				
Discharge planning for patients				
Care of adult psych patient				
Care of adolescent psych patient				
Care of child psych patient				
Experience as team leader				
Active participation in family counseling				
Care of rape victim				
Care of the borderline patient				
Crisis intervention techniques				
Administration & monitoring of the following medications:				
Psychotropics				
Anti-depressants				
MAO-inhibitors				
Hypnotic/sedatives				
Anti-convulsants				
Cardiac medications				
Diuretics				



*PSYCH Skills Checklist*

	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
Charge nurse experience				
Team leader experience				
Charting within the legal aspect of law				

The information I have given is true and accurate to the best of my knowledge. I hereby authorize Nurse Connection, Inc. to release checklist to client health care facilities of Nurse Connection, Inc. relating to my contract employment with that facility.

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*(Signature)*

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*(Date)*